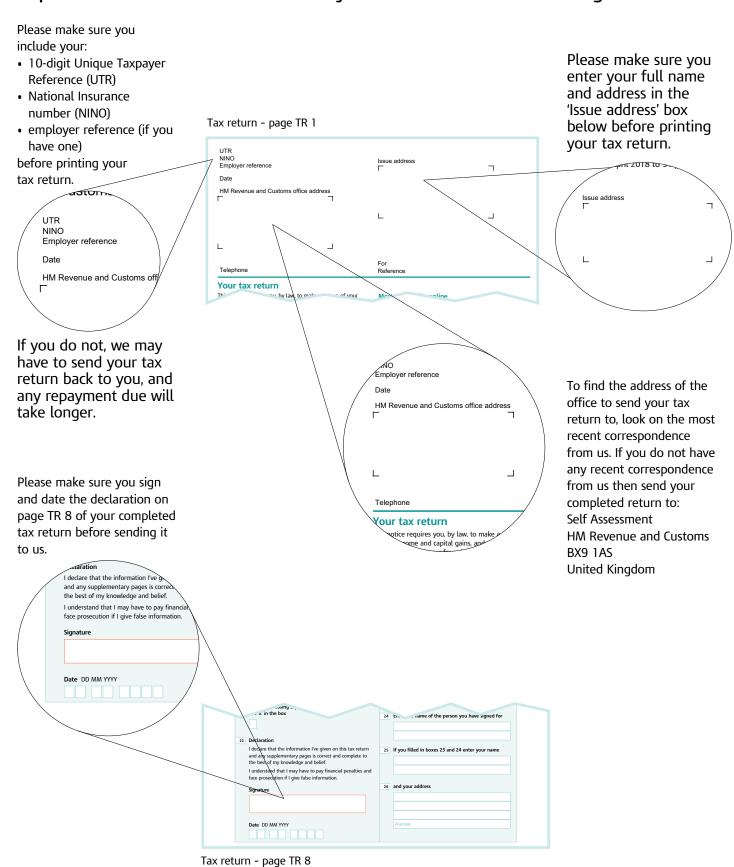


## Important information to include on your tax return before sending it to us.



Please do not include this information sheet with your tax return.

SA100 2022 Tax return: Information sheet HMRC 12/21



### Tax Return 2022

Tax year 6 April 2021 to 5 April 2022 (2021–22)

Telephone	For Reference	
L		
HM Revenue and Customs office address	ı	ı
Date		
NINO Employer reference	Issue address	٦

### Your tax return

This notice requires you, by law, to make a return of your taxable income and capital gains, and any documents requested, for the year from 6 April 2021 to 5 April 2022.

#### **Deadlines**

We must receive your tax return by these dates:

- if you're using a paper return by 31 October 2022 (or 3 months after the date of this notice if that's later)
- if you're filing a return online by 31 January 2023 (or 3 months after the date of this notice if that's later)

If your return is late you'll be charged a £100 penalty. If your return is more than 3 months late, you'll be charged daily penalties of £10 a day.

If you pay late you'll be charged interest and a late payment penalty.

#### Most people file online

It's quick and easy to file online. Get started by typing www.gov.uk/log-in-file-self-assessment-tax-return into your internet browser address bar to go directly to our official website.

Do not use a search website to find HMRC services online. If you have not sent a tax return online before, why not join the 92% of people who already do it online? It's easy, secure and available 24 hours a day and you can also sign up for email alerts and online messages to help you manage your tax affairs.

To file on paper, please fill in this form using the following rules:

- enter your figures in whole pounds ignore the pence
- round down income and round up expenses and tax paid, it is to your benefit
- if a box does not apply, please leave it blank do not strike through empty boxes or write anything else

## Starting your tax return

Before you start to fill it in, look through your tax return to make sure there is a section for all your income and claims – you may need some separate supplementary pages (see page TR 2 and the Tax Return notes).

For help filling in this form, go to www.gov.uk/taxreturnforms and read the notes and helpsheets.

### Your personal details

1 Your date of birth – it helps get your tax right DD MM YYYY	3 Your phone number
2 Your name and address – if it is different from what is on the front of this form, please write the correct details underneath the wrong ones and put the date you changed address below DD MM YYYY	4 Your National Insurance number – leave blank if the correct number is shown above

# What makes up your tax return

To make a complete return of your taxable income and gains for the year to 5 April 2022 you may need to complete some separate supplementary pages. Answer the following questions by putting 'X' in the 'Yes' or 'No' box.

3 4	71 0
1 Employment	6 Trusts etc
Were you an employee, director, office holder or agency worker in the year to 5 April 2022? Please read the notes before answering. Fill in a separate 'Employment' page for each employment, directorship and so on. On each 'Employment' page you complete, enter any other payments, expenses or benefits related to that employment. Say how many 'Employment' pages you are completing in the 'Number' box below.	Did you receive, or are you treated as having received, income from a trust, settlement or the residue of a deceased person's estate? This does not include cash lump sums/transfer of assets, otherwise known as capital distributions, received under a will.  Yes  No
Yes No Number	7 Capital Gains Tax summary
2 Self-employment  If you worked for yourself (on your 'own account' or in self-employment) in the year to 5 April 2022, read the notes to decide if you need to fill in the 'Self-employment' pages. You may not need to if this income is up to £1,000.  Do you need to fill in the 'Self-employment' pages?  Fill in a separate 'Self-employment' page for each business.  On each 'Self-employment' page you complete, enter any payments or expenses related to that business. Say how many businesses you had in the 'Number' box below. (Answer 'Yes' if you were a 'Name' at Lloyd's.)  Yes  No  Number  3 Partnership  Were you in a partnership? Fill in a separate 'Partnership' page for each partnership you were a partner in and say how many partnerships you had in the 'Number' box below.	If you sold or disposed of any assets (for example, stocks, shares, land and property, a business), or had any chargeable gains, read the notes to decide if you have to fill in the 'Capital Gains Tax summary' page. If you do, you must also provide separate computations. Do you need to fill in the 'Capital Gains Tax summary' page and provide computations?  Yes  No  Computation(s) provided  Residence, remittance basis etc  Were you, for all or part of the year to 5 April 2022, one or more of the following: • not resident • not domiciled in the UK and claiming the remittance basis • dual resident in the UK and another country?  Yes  No
Yes No Number	9 Additional information
If you received income from UK property (including rents and other income from land you own or lease out), read the notes to decide if you need to fill in the 'UK property' pages. You may not need to if this income is up to £1,000. Do you need to fill in the 'UK property' pages?	Some less common kinds of income and tax reliefs, for example, Married Couple's Allowance, Life insurance gains, chargeable event gains, Seafarer's Earnings Deduction and details of disclosed tax avoidance schemes, should be returned on the 'Additional information' pages. Do you need to fill in the 'Additional information' pages?  Yes  No
Yes No	If you need more pages
If you:  • were entitled to any foreign income  • have, or could have, received (directly or indirectly) income, or a capital payment or benefit from a person abroad as a result of any transfer of assets  • want to claim relief for foreign tax paid read the notes to decide if you need to fill in the 'Foreign' pages. You may not need to if your only foreign income was from land and property abroad up to £1,000.  Do you need to fill in the 'Foreign' pages?  Yes  No	If you answered 'Yes' to any of questions 1 to 9, please check to see if within this return, there's a page dealing with that kind of income or gain. If there's not, you'll need separate supplementary pages. Do you need to get and fill in separate supplementary pages?  Yes  No  If 'Yes', go to www.gov.uk/taxreturnforms to download them.

### **Income**

## Interest and dividends from UK banks and building societies

interest and dividends from ON banks and b		
1 Taxed UK interest – the net amount after tax has been taken off - read the notes  £	5 Other dividends – the amount received - read the notes  £ • 0 0  6 Foreign dividends (up to £2,000) – the amount in sterling after foreign tax was taken off. Do not include this amount in the 'Foreign' pages  £ • 0 0  7 Tax taken off foreign dividends – the sterling equivalent  £ • 0 0	
UK pensions, annuities and other state bene	efits received	
8 State Pension – amount you were entitled to receive in the year, not the weekly or 4-weekly amount - read the notes  £	12 Tax taken off box 11  £  13 Taxable Incapacity Benefit and contribution-based Employment and Support Allowance - read the notes  £  14 Tax taken off Incapacity Benefit in box 13  £  15 Jobseeker's Allowance  £  16 Total of any other taxable State Pensions and benefits  £	
Other UK income not included on supplementary pages  Do not use this section for income that should be returned on supplementary pages. Share schemes, gilts, stock dividends, life insurance gains and certain other kinds of income go on the 'Additional information' pages.		
17 Other taxable income – before expenses and tax taken off  £ • 0 0  18 Total amount of allowable expenses – read the notes  £ • 0 0	20 Benefit from pre-owned assets - read the notes  21 Description of income in boxes 17 and 20 – if there's not enough space here please give details in the 'Any other information' box, box 19, on page TR 7	

£

19 Any tax taken off box 17

. 0 0

## Tax reliefs

## Paying into registered pension schemes and overseas pension schemes

Do not include payments you make to your employer's pension scheme which are deducted from your pay before tax or payments made by your employer. If your contributions and other pension inputs are more than the Annual Allowance, you should also fill in boxes 10 to 12 on page Ai 4 of the 'Additional information' pages.

rate tax relief (called 'relief a rate tax  £  Payments to a	egistered pension schemes where basic will be claimed by your pension provider at source'). Enter the payments and basic • 0 0 • 0 0 • 0 0 • 0 0 • 0 0 0 • 0	deducted from your pay before tax – this will be unusual – read the notes  £  Payments to an overseas pension scheme, which is not
Charitable giv	ing	
£	ents made in the year to 5 April 2022  • 0 0  ne-off' payments in box 5	9 Value of qualifying shares or securities gifted to charity  10 Value of qualifying land and buildings gifted to charity  10 0
	ents made in the year to 5 April 2022 if made in the year to 5 April 2021	11 Value of qualifying investments gifted to non-UK charities in boxes 9 and 10
	ents made after 5 April 2022 but to f made in the year to 5 April 2022	Gift Aid payments to non-UK charities in box 5
Blind Person's	s Allowance	
	tered blind, or severely sight impaired, e is on a local authority or other register, nox	15 If you want your spouse's, or civil partner's, surplus allowance, put 'X' in the box
14 Enter the nam	e of the local authority or other register	16 If you want your spouse, or civil partner, to have your surplus allowance, put 'X' in the box

Other less common reliefs are on the 'Additional information' pages.

Student Loan and Postgraduate Loan r Please read the notes before filling in boxes 1 to 3.	repayments	
If you've received notification from Student Loans Company that your repayment of an Income Contingent Loan was due before 6 April 2022, put 'X' in the box. We'll use your plan and or loan type to calculate amounts due	2 If your employer has deducted Student Loan repayments enter the amount deducted  £	
High Income Child Benefit Charge  Please read the notes before filling in this section. Only fill in this  • your income was over £50,000  • you or your partner (if you have one) got Child Benefit (this also for a child who lives with you and pays you or your partner for the couples only – your income was higher than your partner's	o applies if someone else claims Child Benefit	
1 Enter the total amount of Child Benefit you and your partner got for the year to 5 April 2022  2 Enter the number of children you and your partner got Child Benefit for on 5 April 2022	3 Enter the date that you and your partner stopped getting all Child Benefit payments if this was before 6 April 2022 DD MM YYYY	
Incorrectly claimed coronavirus support Please read the notes before filling in this section. Only fill in this Coronavirus Job Retention Scheme, Eat Out to Help Out Scheme any other applicable HMRC coronavirus support scheme and you	section if you incorrectly claimed any payments from the e, Self-Employment Income Support Scheme (SEISS) or from	
Amount of HMRC coronavirus support scheme payments (other than SEISS) incorrectly claimed	2 Amount of SEISS payments incorrectly claimed £ • 0 0	
Marriage Allowance Please read the notes. If your income for the year ended 5 April 2022 was less than £12,570 you can transfer £1,260 of your Personal Allowance to your spouse or civil partner to reduce the amount of tax they pay if all of the following apply:  • you were married to, or in a civil partnership with, the same person for all or part of the tax year  • you were both born on or after 6 April 1935  • your spouse or civil partner's income was not taxed at the higher rate  Fill in this section if you want to make the transfer:		
1 Your spouse or civil partner's first name	4 Your spouse or civil partner's date of birth DD MM YYYY	
2 Your spouse or civil partner's last name  3 Your spouse or civil partner's National Insurance number	5 Date of marriage or civil partnership DD MM YYYY	

## Finishing your tax return



Calculating your tax – if we receive this paper tax return by 31 October 2022 or if you file online, we'll do the calculation for you and tell you how much you have to pay (or what your repayment will be) before 31 January 2023. We'll add the amount due to your Self Assessment Statement, together with any other amounts due.

Do not enter payments on account, or other payments you've made towards the amounts due, on your tax return. We'll deduct these on your Self Assessment Statement. If you want to calculate your tax, ask us for the 'Tax calculation summary' pages and notes. The notes will help you work out any tax due, or repayable, and if payments on account are necessary.

### Tax refunded or set off

1 If you've had any 2021–22 Inc	come Tax refunded or set off by us or Jobcentre Plus, enter the amou	nt - read the notes
£	- 0 0	

### If you have not paid enough tax

We recommend you pay any tax due electronically. Read the notes.

2 If you owe less than £3,000 for the 2021–22 tax year (excluding Class 2 NICs) and you send us your paper tax return by 31 October, or 30 December 2022 if you file online, we'll try to collect the tax through your wages or pension by adjusting your 2023–24 tax code. If you do not want us to do this, put 'X' in the box - read the notes	3 If you owe tax on savings, casual earnings and/or the High Income Child Benefit Charge for the 2022–23 tax year, we'll try to collect it through your wages or pension by adjusting your 2022–23 tax code.  If you do not want us to do this, put 'X' in the box - read the notes
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### If you have paid too much tax

To claim a repayment, fill in boxes 4 to 14 below. If you paid your tax by credit or debit card, we'll always try to repay back to your card first before making any repayment as requested by you below. Please allow up to 4 weeks for any repayment to reach you before contacting us.

4 Name of bank or building society	10 If you've entered a nominee's name in box 5, put 'X' in the box
5 Name of account holder (or nominee)	11 If your nominee is your tax adviser, put 'X' in the box
6 Branch sort code	12 Nominee's address
7 Account number	13 and postcode
8 Building society reference number	14 To authorise your nominee to receive any repayment,
9 If you do not have a bank or building society account, or if you want us to send a cheque to you or to your nominee, put 'X' in the box	you must sign in the box. A photocopy of your signature will not do

# Your tax adviser, if you have one

This section is optional. Please read the notes about authorising your tax adviser.

15	Your tax adviser's name	17	The first line of their address including the postcode
16	Their phone number		Postcode
		18	The reference your adviser uses for you
Any	other information		
19	Please give any other information in this space		

# Signing your form and sending it back

Please fill in this section and sign and date the declaration at box 22.

20	If this tax return contains provisional figures, put 'X' in the box	23	If you've signed on behalf of someone else, enter the capacity. For example, executor, receiver
20.1	If any of your businesses received coronavirus support payments (such as CJRS, SEISS) you must put 'X' in the box to declare that they have been included when calculating profits in the period of this return	24	Enter the name of the person you've signed for  If you filled in boxes 23 and 24 enter your name
21	If you're enclosing separate supplementary pages,		
	put 'X' in the box		
	put A iii tile box		
		26	and your address
22	Declaration		
	I declare that the information I've given on this tax return and any supplementary pages is correct and complete to the best of my knowledge and belief.		
	I understand that I may have to pay financial penalties		
	· · · · · · · · · · · · · · · · · · ·		Postcode
	and face prosecution if I give false information.		
	Signature		
	Date DD MM YYYY		